

Joojinta Menthol iyo Nikotiinka

Alaabta tubaakada ka samaysan ee Menthol lagu daro waxay fududeysaa bilaabida oo ay ku adkeysaa joojinta.

DHIBAATADA

MENTHOL waa kiimiko leh balwadaysi oo ku jirto sigaaro badan oo fududeeyo bilaabida sigaar cabida iyo sigaarada elektarooniga ee fududeyso sigaar bilaabitaanka ama adkeyso sigaar joojinta.



Menthol waxay fududeysaa bilaabida isticmaalka waxyaabaha nikotiinka ka samaysan. Waxay yareysaa adkaanshaha sigaar cabida ama faybka iyagoo abuurayo saameynta qaboojinta ee afka iyo dhuunta.



Xakamaynada menthol ee dareemitaanka qufaca. Dadka sigaarka cabaa iyo faybka waxay gudaha ugu neefsan karaan si aad u qoro dheer, ka soo saarista nikotiin badan iyo kiimikooyinka sunta badan badeecada.



Menthol waxay xoojisaa la qabsiyada nikotiinka. Menthol waxay dhaxgashaa isla qaboojiyayaasha maskaxda ee nikotiinka sameyso. Menthol waxay kordhisaa tirada qaboojiyayaasha maskaxda oo waxay kordhisaa xooga ka laabashada nikotiinka.

XALKA



Mamnuuc iibinta menthol iyo dhammaan tubaakada ganacsiga dhadhanka leh ama waxyaabaha ka samaysan nikotiinka.

Dadka taageerada ee isticmaalo walxaha nikotiinka iyadoo sare loo qaadayo helitaanka [adeegyada sigaar joojinta la joojin karo](#).

Massachusetts, California, iyo in ka badan 180 degmooyinka Mareykanka ah ayaa horaan u mamnuucay iibinta sigaarada mentholka iyo walxaha kale ee tubaakada dhadhanka leh.

Ku dhawaad **100,000** qof ee Reer Washington ee cabaa sigaarada waxay isticmaalaan **sigaaarka mentholka**. Dadka badankood ee sigaarka cabaa waxay isku dayayaan inay joojiyaan, laakiin menthol ayaa ku adkeyso it harder.

Mamnuucida sigaarada mentholka HADDA waxay badbaadineysaa illaa 654,000 nafaf Ameerikaan ah oo ay ku jiraan nafaf 255,000 Ameerikaan Madow ah.

WAXAY KU MAAMULAAN

SHIRKADUHU

MENTHOL

Bartilmaameedka warshadaha waxay ku dartay:

- Xayeysiinta aan isku dheelitirneyn ee badeecooyinka mentholka ee dadka midibka iyo dadka leh daqiyada hoose.
- Cufnaanta sare ee tafaariqlayaasha tubaakada ee bulshooyinka midabka ee ka badan xaafadaha cadaanka.
- Alaabta qiimaha hoose ee goobaha tafaariiqda ee goobaha ay ku badan yihiin dadka madawga ah.
- Ka faala qaadka dhacdooyinka dhaqanka sida Pride, riwaayadaha hip hop, xafladaha qoob ka ciyaarka, iyo wax badan.

85%

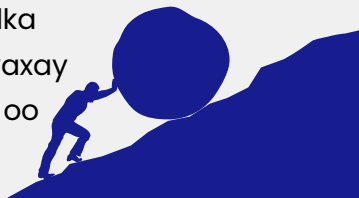
ee dadka Madawga ah ee cabaa sigaarada ka samaysan menthol ee la isticmaalo.

50%

ee ilmaha cabaa sigaarada mentholka la isticmaalo.

Isticmaalka sigaarka ka samaysan Menthol ayaa sidoo kale ku badan dadka ah Hindida Maraykanka u dhashay/U dhashay Alaska, Aasiyo, Laatiino, dadka Khaniisiinta ah, kuwa Jinsi kasta Galmo la Sameeya, kuwa Jinsigooda Badalay, kuwa Jinsiyadooda aysan Qeexnayn (Lesbian, Gay, Bisexual, Transgender and Queer, LGBTQ), Pacific Island, Dhalad Hawaa'iyaan, dumar, kuwa leh dakhliga hoose, iyo kuwa leh xaaladaha caafimaadka damiirka.

Daraasado ayaa muujinayo dadka isticmaalo sigaarada menthol waxay u baahanyihiin isku dayo badan oo lagu joojiyo.



7,400 dadka weyn ee dheeraadka ah ee Washington ee sigaarka cabaa way joojin lahaayeen haddii sigaarada mentholka markale lama heleynin.



MARAG KACA

"Waxaan bilaabay sigaar cabida sigaarada fiiltarka caadiga ah laakiin waxaan u badeshay sigaarada menthols sababtoo ah waxay aheyd mid aad uga raaxo badan oo fudud in la 'galo'. Sida raaxada badan ee ay aheyd, si adag aan ku arkay in la joojiyo. Isku darkaas nikotiinka/mentholka ayaa dhabtii i qabsaday."
-Keith, Skagit County

KHEYRAADKA

[Websaydka Dabargoynta waxyaabha Dhadhanka leh bit.ly/WaFlavors](http://bit.ly/WaFlavors)

[Adeegyada Taageerada Joojinta/Dhaafitaanka Cabitaanka Sigaarka bit.ly/WaQuit](http://bit.ly/WaQuit)

[Maxaan ugu yeernaa tubaakada ganacsiga bit.ly/WaCommercial](http://bit.ly/WaCommercial)

[Ilaha xogta xaqiiqda xaashida bit.ly/WaMentholDataSources](http://bit.ly/WaMentholDataSources)



Washington Breathes waa isbaheysiga ururada iyo shakhsiyaadka gobolkoo dhan ee ka shaqeeyo dabargoynta waxyeelooyinka isticmaalka tubaakada gacansiga.

Xaashidan xaqiiqda waxaa soo saaray Kooxda shaqada Hormarinta Daaweynta Joojinta isbaheysiga oo ay ansixiyeen Gollaha Hogaaminta.

[washingtonbreathes.org](http://www.washingtonbreathes.org)